

**“Three sisters united by the bows of love from the sky»
My friends, it is a great pleasure for us having you in our edition of
September.**

1.-Who of you can tell us about the “Golden Spiral Activation”?

Maria Jose: When we gave the name of "Golden Spiral Activation" to the energetic work that we do, we did it following the indications of Adama, our "main" guide, without understanding exactly its meaning. Probably now, we still do not understand completely what it means and probably we will never know it; the important thing is that on having followed our heart guided by the Universe and all those Beings of Love who are helping the humanity in these moments of Change, the work flows gracefully facilitating, to everyone that opens himself to the Love through his heart, everything he needs to be liberated of those obstacles that have prevented him for a long time from evolving and from enjoying Life in all her brilliance.

The golden spiral is a powerful energetic tool that the Universe uses to liberate the human being in these obstacles during the Activation process.

Not long ago, we have become aware that our work began in the times when the Celtic civilization lived on the earth.

They were conscious of whom they were and of which was their mission in this planet; they were carriers of the Universal and Planetary wisdom, they were carriers of the Truth.

Before their civilization was extinguished they guarded all their knowledge and their work to be continued at the right time of the history of this planet.

The suitable moment is this one: the beginning of the end of the times in which all Truth on the Life will be established again and the Light and the Human Being will be reborn.

Already in this time the Celts used the golden spirals as tools of power to the service of the Light and of the Love. There are golden Celtic spirals spread all over the planet in strategic places that will be used to the service of the Light to carry out the planetary restructuring.

Some of these spirals have been the containers of this Celtic wisdom that now is at the disposal of the whole humanity; these spirals have been already activated and the codes transmitted to all the planetary centers of power to be able this way, to be transmitted to the heart of those that should start using them to the service of All.

Other spirals are going to be used as powerful transmitters of the work that is performed in the place to enable this way to expand the light and the wisdom to the whole planet and to the whole Life that inhabits in it.

It is already time for those conscious human beings to put to the Service to carry out the greatest mission:

To reconstruct the planet!!

And the tool of «Golden Spiral Activation» complies with this function:

To help the planet and the humanity to be regenerated!!

Maria Esther: Through this wonderful tool the Universe offers to us the possibility of feeling again the purity of the Love from which we come.

It is the moment to remember who we are; it is the moment to recover our divine essence of Love.

The humanity has already decided it; she is already prepared to walk the way of ascension and the first step is to recover her divine essence, the Love.

Through the Activation and through the liberation of everything that used to limit the freedom of the Being, the person is prepared to feel this powerful energy, and when feeling it, her life can change as she is again free and is able to decide to get back the full possession of its divine power that comes from Love.

The Activation offers to the person who decides it, the basic and the fundamental thing so that she can initiate with freedom and consciousness from her heart her way towards the New World that is emerging, and one of these basic things is to recognize herself as the Great Beings of Light and Love that we are.

Silvia: Once the Golden Spiral has released the human being, he is ready to go ahead with his life; he is already ready to “cross the portal”.

Now he has to learn how to live without these obstacles. He must be aware that he is the master of his life; that he has recovered his freedom.

In the work there is a basic structure, although there are always surprises.

Once the spiral is acted we are prepared to receive the different energies that help us to construct this new world that is emerging; thus, during the activation work, we always will be receiving the energy of Love and of the Healing: Man is already prepared to feel the greatness and the power of his bodies as a reflection of the soul that he is and, of course as part of the God he is.

The Healing energy allows man the possibility to recover the strength of his body, his greatness, the possibility to learn how to love it, to respect it, to take care of it and to fuss over it, and to become aware that the healing and regeneration of his body is up to him.

This change of consciousness does not require leaving the body; this one has the great mission to create the new world, to create a new society based on the pillars of Love.

Many of us have already in our minds the image of this new society and in fact our hearts have made possible the image of this new society to the brain; to say it somehow, we have reprogrammed it with this new reality of love and we all know that the power of our creation is infinite. It is time to create from the heart!

2. - We know that you also do distance Activations, can you comment it to us?

The remote activations were born to offer the possibility, to all the people around the world, to receive it whichever times they need or they feel. When they “were formed”, and we say it this way, as in fact, it was not a mental decision (as anything that we do) but they were born this way in the right moment, the Universe transmitted us the necessity to do it and the importance it had.

In fact I remember that Adama told us that the remote activations were going to be the mean through which we would carry out the most important work.

Then we did not understand it as our mind only saw that it was a way to reach those who could not attend physically and we thought that he would be something complementary to the activations that we would make in the different geographic places of the planet. The certain thing is that we would never thought that so many people would register and of so different places. At the beginning we used to counted the people registered, the last time that we did it, there was between 3 and 4 thousand registered people, mainly from South America and Spain, now there are people from countries like Croatia, Rumania, Japan, Australia,...that have been registered.

Recently we have begun to glimpse the importance of the remote sessions especially since “we turned them” into activation live in Majorca. Also it is necessary to say that the first remote activation that we did surprised us enormously and already by then, the Universe made us clear that it was something “serious”:

We were the three of us at home and we could not stop laughing because the truth is that the situation was comical, we were going to make a session for a group of people (300 or 400), we were going to channel but we were alone! From the mind, of course, we had the feeling that what we were going to do was not going to have much relevance. We were alone although only apparently as at three o'clock we had a very strong sensation that the house was full of people!

At the fixed time and while we still were laughing, the energy came with an unusual intensity making us know that we were working! In fact we did not record it because we thought that, as we were alone there was no need to say it loudly, but suddenly (as nobody would hear us,

according to us) as we closed our eyes, a great force made me begin to channel the information (verbally) without having the time to think not even an instant!

Whenever we initiated a new phase of the work, it usually happens that the Universe makes us experience it in a much more intense way to make us know that we are doing the right thing (this is, at least the conclusion we have come to); anyway we did not have any doubt that the work had been much more intense than most of the times.

The truth is, that only with the testimonies of many people, we already realized that we were doing the correct thing, but as we used to say before we have started to glimpse the real importance of the remote Activation since we turned them into the ones live in Majorca, that is to say, also now, and apart from all the people that register to receive it remotely, people can come physically to receive it live (finally, we are no longer “alone” at home).

It is difficult at the moment to make specifically, exactly what we felt (respect to the importance of the remote activations) since we have done the two last ones live from Majorca; it has to do, how we explained before, with the place from where it is done. It seems that Majorca is a very important center of power in the planet that now starts its “active” stage externally.

For a long time it has been preserved from the “glances” of those who in case of recognizing it, would have damaged it, but now this potential no longer exists and Majorca is going to be and is a platform of Light and Love to expand it to the rest of the planet. And a great deal of information on the matter will come to the light in due time. On the subject we also must say that the next remote activation we will be done from a very special place of the province of Madrid that is located right upon a Celtic great golden spiral!

This is for us a great surprise that has just been revealed, for that reason, we invite you, if you feel it, to register to the activation that is going to take place on September 18, it is going to be a very special activation. If by the time you read this, the date has already passed, you have the audio in the Web to experience it!

3. – You already have published books in your giant experience, could tell us about them?

Maria Jose: The first book was for us a tremendous surprise, Silvia wrote it when we not even had initiated the joined work of healing (that is to say, the activations).

We had just finished to open the center and I used to give the healing sessions individually, in fact then, I did not even understand what I was doing, I only knew that people were experiencing in most cases a great

consciousness change and consequently in most occasions a change in their personal life and in many cases in their physical bodies.

During the healing work I used to listen to sentences and I used to see the energetic process occurring in each person. I practically did not tell Silvia anything of my experiences because she was in the phase (that by the way lasted to her long enough) of not wanting to know anything of whatever happened at this level as her rational mind was working hard trying to understand it and above all resisting to a change that she considered that was turning her into somebody "little normal". So she used to tell Magdalena (a friend of us that opened the centre with us) and Maria Esther.

Suddenly one day, the one who was never saying anything and did not want to know anything about "spiritual" topics! Said to us that she was writing for some time, something that seems to be a book but that she did not understand anything of what she was writing and that it was going out from her without thinking, that simply she was feeling a very strong force that stimulates her to write and that she was resisting. Literally we remain speechless and as you can imagine we ran to her house to read what she had written. Amazed is not strong enough to describe how we felt! Her letters were describing exactly what I was living with the healing and many of the sentences I was hearing were written there! In fact before going to her home, Adama asked me to read what my sister was writing to understand the work she was doing and that was happening to us. With regard to her book I only would say that it helps to understand what the Activation looks like and how it can affect you positively.

Then came my book when we were « better prepared », both are books that transmit love and Peace; they are books to understand from the heart and during the reading is transmitted the energy that comes from the Universe to transform your consciousness.

The objective of both books is not to give detailed information on anything specifically, but just what you need. For me, for example, each time that I have read them, I have understood different things, for me they are "magic books", a new specialty that I was not familiar with.

Silvia: The first book we wrote is « A simple Guide to reach the new earth ».

As the title well says, it is a simple guide which can help us to understand the transition in which we are all now immersed, what we must do at the moment; it helps us to create this new reality of love that already is being constructed. It is a channeled book where Adama speaks, a higher representative of Telos, city of light inside the Earth;

they already live in this new reality to which we go and they are offering us their experience so that we create it here in the Earth surface.

The book also explains very well our activation work; it helps us very much to really understand what we were doing; which was our function.

Maria Jose: « The beginning of the end of times » helps to understand from the heart which function used to have (and has) the earth when she was created, which have been our function here, which is our origin and what is the true sense of Life. It is a book that takes you back to the true consciousness of who you are and of why you are here and above all it reveals to you that Now the Great Moment to Live experiencing the magnificence of our Being in this planet has come.

We have at least two books “backing” but this year there have been so many changes that we feel that we have to wait until everything settles in order to transmit the information that must be transmitted through them.

4. - What do you feel when you channel each one of you?

Maria Jose: I feel the totality and the great creative power of the Human being. I feel that we are making, all together, a great work that nothing or nobody can obstruct; that it is only about advancing step by step in this transitory period and that just by wanting it, everything is already done.

When I am channeling I feel that my body and my Being do not have limits and it becomes a deep experience of limitless Peace, Love and fullness.

The truth is that it is a wonderful experience! Maria Esther: The connection with the Whole, the immensity of the Love, our nature. Then I feel with great force, without interruptions, the greatness of our Being. It is like a moment in time where this one stops and simply you are and you feel. In fact you feel everything what means that energy that is arriving and the Love is wonderful! It is impossible to describe with accurately what is received because it is something felt from the heart and not from the mind.

What I do know with clarity, because I feel it this way and it affects me, it is that this one is the state to which goes the whole humanity, every day we are approaching more and more to the Paradise and in it all the Creation is Love. Silvia: The channeling is not a so strange fact; when you already take a time channeling consciously, you realize that you have been doing it all your life.

You always have felt this energy that relaxes you, fills you with Love and advises you by giving you courage and giving you the confidence that everything goes always well; that there is something that accompanies you and that never is going to leave you.

When you channel you feel your Being, you feel its greatness and harmony, you feel its strength and its love, you know that they are here

to help us and that its purity is so great that the world they are helping us to build is the ideal one for us: an environment of Love.

5. - How do you do the three of you to be in harmony offering this beautiful service of love to all?

We are aware at any time that each one has a specific work in all the levels. We watch beyond the mere physical reality to be able to understand what corresponds to each one to materialize at every moment. In fact we stay focused in the heart to feel at every moment what we must do and this way we share the functions at a physical level. During channeling work what we do it is simply To feel and this way there is not the slightest doubt on who is supposed to channel at every moment.

It is like an energetic power that unites the three of us and moves us in unison and if we are connected to it everything flows very easily. This, and like everything in the new energy and the new reality, we have had to learn it.

At the beginning we let ourselves lead by the old customs of needing the necessity to identify all the things first from the mind and the new reality is indeed the other way around; first “it is identified” in the heart what we must do and then the mind processes the suitable images, words and thoughts to carry out what we have chosen from the heart. So little by little we learned how to let us take by the flowing of the heart and of course, in this way everything is much easier! We have it to apply indeed to all the areas of our life and it is indeed the first thing that each human being is going to learn to be able to manage in the new and magical reality! This learning already has begun inside each one of the human beings living in this planet and gradually, without noticing it the humanity will reflect a new way of Being and of living that will benefit Everyone and All without exception!!

6. - What type of workshop do you offer?

So far, we do not give any type of workshop, we only take the work of “Golden Spiral Activation” to the one who feels it. We begin with a chat that is also channeled as we never know what we are going to say until we are in front of people; we transmit all the necessary information in the most suitable way to prepare the group to receive the Activation. At the same time we answer the questions that are formulated on the matter. During “the chat” many people make their own inner decisions that take them to take benefit of the maximum of the blessings they receive through the Activation.

Then we initiate the proper work of “Golden Spiral Activation” that consists of a kind of meditation during which the person only closes their eyes in attitude of Giving and Receiving! We channel the facilitating energy of the process that simultaneously we translate into words.

All this makes it a wonderful experience that fills us of Peace and Love.

In addition through the Web we give a service of support to the process of each one answering the questions rose to us in writing. At the same time and only at very specific moments of planetary importance we transmitted the information given by the masters and the beings of light that are helping us to the change.

These messages have a clearly function of reprogramming in the Light and Love and integrating the planetary energies that are moving.

7. - Why did you embody again here in this plan of consciousness?

We embody to carry out our mission of help to the humanity in those great moments of transition to a new reality full of Love.

8. - A sentence from you.

With all our Love we are waiting for you!

9.-, Jesus, talk us about him.

Jesus is the Master of Love and Forgiveness.

Jesus was a human being who came to the Earth to make possible the Great Change which at the moment we are living. With its birth he brought again to the Earth the seed of Love; the highest vibration, that with the course of history and by causes beyond control, had been weakened until almost disappearing. With him we came again and with him we will return home! With him we walk this wonderful upward way that gives us back the knowledge of the truth on who we are and of why we are here.

The seed that he planted with his birth and with his coming to this physical world has germinated and now it is when truly we will see the fruits that it is giving. Fruits that will at this moment of change and transition feed the humanity to the new reality.

Fruits that will feed the human being and the whole Life of this planet even beyond this reality!

He remains with us.

He appears again in this planet in each person who wakes up to the truth of who he is; in each person who wakes up to her essence!

He embodied the Christ Energy in very hard times for all and in which it was very difficult to understand the reality that he represented.

But now everything is very different and the Higher representation of Jesus here in the earth as a Being who is helping us in this transition, Sananda, is observing from the heights and in the day after day of planetary waking up, how his work was worth the trouble; how his courage and sacrifice at those moments were worth the trouble! Because the Christ is appearing again in the heart of each awaked human being; because we all are already the Christ! And this was its great mission:

That the Christ will expand on the surface of this planet nourishing the heart of all human being and of All Alive Being who inhabits it! I Am the Christ; You are the Christ showing in the surface of this planet!
So it should Be and so it Is!
With all our Love, Silvia, Maria Jose and Maria Esther

That the grace of the Father unites us at some moment of our existence to be able to embrace you and to tell you the infinite love he has for you.

Thousands of blessings for you

Cristina Finol